

Prepare for extreme weather in Bayside



Are you climate-ready?

Self-assessment checklist

Are you prepared for extreme weather events? For example, have you identified places within your area to go in extreme heat, during a flood, or if there is a storm? These questions are vital in preparing for future extreme weather events.

Evidence shows that climate change will result in Bayside experiencing more intense and frequent heatwaves, rising sea levels, storms, floods and droughts. So preparing in advance for extreme weather events will ensure you're ready.

We want to help our community build greater resilience to heat and other extreme weather events. In particular, we want to help older people self-assess their circumstances and needs ahead of time, think about their options, and make a decision about what to do next.

This self-assessment checklist will help you understand how prepared you are before an extreme weather event occurs and identify the gaps where you might need to plan further.

The map included here will help you identify cooler places to go during extreme heat.

Check the boxes that you are prepared for:

What to do well before an extreme weather event

It is recommended that you repeat this checklist regularly (every 6 months) and refer to it before an extreme weather event.

- Have you prepared/updated your Red Cross 'RediPlan' (see the 'Useful resources' section of this brochure), which can store your emergency information, important phone numbers, family/friends/neighbours contact details, medical plan, plan for pets, and insurance information?
- Have you registered for Red Cross 'Telecross REDi', which calls vulnerable people daily during heatwaves? If not, call 1800 188 071.
- Do you know how to access extreme weather warnings, information and updates (e.g. ABC radio 774; if you have a smartphone, the Bureau of Meteorology app and the Vic Emergency app? If not, it is strongly recommended you download the apps, as they alert Victorians to upcoming extreme weather events.

What can you do during an extreme weather event?

- Can you contact family, friends, and neighbours to request help if you need it?
- Have you contacted family, friends, and neighbours to check on their wellbeing?
- Do you have alternative contacts if your main source of help is unavailable (e.g. SES, 000)?

It's recommended you familiarise yourself with your responses to the earlier questions above.

- If you leave home, have you contacted family, friends, and neighbours to let them know?
- Is your house secure if you leave?
- Have you checked on your pets?
- Do you have a reliable water supply and are you drinking enough?

What to do after an extreme weather event

- Is your home damaged? If yes, contact the SES or, if you have insurance, contact your insurance company.
- Do you have a place to stay if your home is uninhabitable?
- Have you checked 'What can you do in the heat' (see section on the right) for more tips?

Do you have any questions or feedback about this checklist? If yes, please contact Bayside City Council on (03) 9599 4444 or enquiries@bayside.vic.gov.au.

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Text by Scientell, design by Soggy Broly.

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- Have you identified the best part of your house in times of extreme heat, storms or flood?
- Have you considered the extreme weather circumstances that would cause you to leave home? List them here:
 - 1
 - 2
 - 3
- Do you have a cool place to go in extreme heat and, if it's not your home, have you checked its opening hours and accessibility? Test your emergency heat plan by calling or visiting the place you would go to. List your closest designated cool spot here and mark it on the map over the page:

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- Do you have a place to go in extreme storms and, if it's not your home, have you checked its opening hours and accessibility? Test your emergency storm plan by calling or visiting the place you would go to. List the closest place here:

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- Do you have a place to go during a flood and, if it's not your home, have you checked its opening hours and accessibility? Test your emergency flood plan by calling or visiting the place you would go to. List the place here:

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- Have you marked your escape route to a safer place in the event of an emergency?
- Do you have a primary, and alternative, transport option to leave home if required? List them here:

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- Does your air conditioner work? If it is a split system, have the air filters been cleaned recently?

What can you do in the heat?

- Drink plenty of water, keep cool by using wet towels, putting your feet in cool water and taking cool showers.
- Close curtains and blinds at home, open windows only if there is a cool breeze.
- Stay out of the sun, postpone outings and activities.
- Use a fan, wear loose-fitting clothing made of cotton or linen.
- Prepare for a power failure by having a torch, charged mobile phone, battery-operated radio, spare batteries, and food that doesn't need refrigeration or cooking.
- See these and other useful tips in the 'Useful resources' section.

Useful resources

Australian Red Cross assessment and action Rediplan
<https://bit.ly/42VFbLh>



SES Local Flood Guides
<https://bit.ly/42Wks9X>



SES Bag it, Block it, Lift it and Leave video
<https://bit.ly/3OXuan1>



Victorian Government's Food safety during power outages
<https://bit.ly/4bVs14T>



Victorian Government's Survive the heat
<https://bit.ly/3uRyw8f>



- Have you checked if you are in a flood zone? If not, visit the Local Flood Guides on the SES website (see the 'Useful resources' section) to check. If you are in a flood zone, watch the SES' 'Bag it, block it, lift it and leave' video (see 'Useful resources') to understand how best to prepare your home.
- Does your identified support person/people live close enough to help you? If not, what will you do if they can't reach you?
- Can anyone coming to help you gain entry to your house (e.g. spare key)? If not, how will they access you in case you cannot let them in?
- Have you considered how to manage any medical conditions or disabilities in an emergency, and if your support person is unable to make it to you? If not, discuss this with your support person and identify the steps you need to take and include in your RediPlan.
- Do you have an emergency kit prepared in case you lose power (e.g. torch and extra batteries, candles and waterproof matches, first aid kit, copies of your emergency plan, extra medicines, pet food, etc.). If you lose power during an extreme weather event, check the Victorian State Government's 'Food safety during power outages' guide (see the 'Useful resources' section).
- Do you have alternative ways to reach help in the absence of electricity, internet or phone? List them here:

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- In the event of a power failure, can you easily exit your home and/or garage? If you have an electric garage, can you access and use the manual override?
- Do you have a phone charger that could be plugged into your car if you run out of battery?
- Can you reach help if traffic lights are off due to power failure, making main roads difficult to use in heavy traffic?
- Do you have a plan for your valuables and important possessions? If not, how will you protect your valuables and important possessions?
- Have you answered this checklist a second time, imagining there is no phone or electricity?
- Have you completed the checklist pessimistically, erring on caution? If not, please go through it again considering the worst-case scenario.



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 Sandringham VIC 3191
 (03) 9599 4444
 enquiries@bayside.vic.gov.au
 www.bayside.vic.gov.au

LOCATIONS ARE UNDER REVIEW

Libraries, community hubs and council buildings:

- 1 Beaumaris Library
Phone: 9261 7125
See Notes (a), (b) and (d)
- 2 Brighton Library
Phone: 9261 7125
See Notes (a), (b) and (d)
- 3 Hampton Library
Phone: 9261 7125
See Notes (a), (b) and (d)
- 4 Sandringham Library
Phone: 9261 7125
See Notes (a), (b) and (d)
- 5 Bayside City Council
Phone: 9599 4444
See Notes (a), (c) and (d)
- 6 Hampton Community Centre
Phone: 0492 800 592
See Notes (a), (c) and (d)
- 7 Highett Neighbourhood Community House
Phone: 0492 800 592
See Notes (a), (c) and (d)
- 8 Sandringham Family Leisure Centre
Phone: 9584 7133
See Note (a)
- 9 Castlefield Community Centre
Phone: 9068 3882
See Notes (a) and (g)
- 10 Sandybeach Centre
Phone: 9598 2155
See Notes (a), (d) and (f).

Shopping centres and cinemas:

- 11 Southland Shopping Centre
Phone: 9582 5600
See Notes (a) and (b)
- 12 Brighton Bay Palace Cinema
Phone: 9596 3590
See Notes (a) and (f).
- 13 Palace Dendy Brighton Cinema
Phone: 9592 7815
See Notes (a) and (f).
- 14 Dendy Plaza shopping centre
See Notes (a) and (b)
- 15 Bayside Gallery
Phone: 9261 7111
See Notes (a) and (d)

Parks and open spaces:

- 16 Thomas St South Reserve
See Notes (e) and (g)
- 17 Allambee Park
See Note (g)
- 18 RJ Sillitoe Reserve
Dogs are permitted off leash
See Notes (e) and (g)
- 19 Trey Bit Reserve
See Notes (e) and (g)
- 20 Tjilatjirrin Reserve
See Notes (e) and (g)
- 21 Dendy Park
See Notes (e) and (g)
- 22 Cheltenham Park
See Notes (e) and (g)
- 23 Sandringham Golf Club
Phone: 0477 774 633
See Notes (a) and (d)
- 24 Cheltenham Golf Club
Phone: 9583 6419
See Notes (a) and (d)

Other places:

- 25 Sandringham Hospital
Phone: 9076 1000
Hospital is only able to provide shelter to those experiencing ill health.
- 26 Brighton Baths
Phone: 9592 7350
See Notes (a) and (f)
- 27 Hampton RSL
Phone: 9598 0460
See Notes (a) and (d)
- 28 Highett RSL
Phone: 9532 1357
See Notes (a) and (d)

Are you climate-ready?

Where to survive the heat in Bayside

This map identifies places of refuge during extreme heat. They are not guaranteed safe places. They may not be a safe place during all extreme weather events. Medical staff, refreshments, bedding, etc. will not be available – you will need to be responsible for yourself, prepared and self-sufficient when you get there.

This document is not intended as an emergency plan. It aims to prepare you for extreme weather events by:

- raising awareness of climate change and extreme weather
- starting a conversation about planning what to do
- showing you how to plan where to go in your neighbourhood.

NOTES

- (a) These spaces may be closed during emergencies.
- (b) This location has different opening hours in summer.
- (c) These spaces may not be open on weekends.
- (d) Alternative power or charging points may be available here.
- (e) There are toilet facilities at this location.
- (f) Parking may be a problem at these spaces.
- (g) Beaches and parks may not have shade and are not always accessible.